Shanti Yoga Teacher Training Application

Headquartered in Idaho, with a typical duration of three to twelve months, Shanti Yoga School's curriculum is covered in an online platform, weekly meetups, and weekend intensives. We strive to honor each individual's needs & strengths with a personalized & flexible structure while at the same time providing the highest quality education so that students can confidently and comfortably move into any teaching situation or attain deeper understanding of yoga for personal transformation.

We are guided by and registered with Yoga Alliance®, ("YA") the national education and support system for yoga in the US and internationally, at both the 200 & 300 levels. Yoga Alliance® supports the study and teaching of yoga, a system of knowledge that includes disciplines and practices originating in ancient India that integrate the physical, mental and spiritual aspects of human experience. They work in the public interest to ensure that there is a thorough understanding of the benefits of yoga, that the teachers of yoga value its history and traditions, and that the public can be confident of the quality and consistency of instruction. Yoga Alliance® maintains a national Yoga Teachers' Registry to promote teachers with training that meet stringent standards. Teachers registered are authorized to use the initials RYT® (Registered Yoga Teacher) after their name. YA also maintains a Registry of Yoga Schools that comply with their standards for yoga teacher training programs. Registered schools are authorized to use the initials RYS® (Registered Yoga School) after their names, and receive certificates of registration as well as registry marks. All graduates of an RYS are eligible to register as RYTs. The Registries are promoted to the public, organizations that employ yoga teachers and organizations that review yoga teachers' credentials.

To begin the program, complete and submit the application form. You can pay the balance in full at the beginning of the program, or you can set up an automatic credit card payment by completing information found at the end of this application. We are currently offering three options to complete your 200 or 300 hour training: three months at $500, six months at $800, or twelve months at $1200. Those who pay in full receive a 10% discount. Your payment includes tuition, unlimited access to Shanti Yoga Studio live-streamed and in-person classes, live-streamed, in-person, and recorded weekend intensives and group discussion sessions taught by Shanti Yoga School instructors, and access to the Online Learning Platform for three, six, or twelve months from your date of enrollment. Textbooks are not included in your tuition. If you initially join the program at any level short of the twelve month option, and during the course of your program decide that you would like to shift your enrollment to one of the longer options, you may do so by paying the difference between the tuition of your current program and that of the longer program.

Price Policy: All prices are subject to change. The tuition for the program you initially choose will not increase once you have started payments, but extension and re-initiation fees may increase at any time.

School Refund Policy: All payments are non-refundable and non-transferable, regardless of attendance, program completion, illness, injury, relocation, etc. If you must

withdraw from the program during your term, please contact the business office to suspend future payments.

Please submit your application by providing all of the following information (and answering the following questions) via email to deb@shantiyogastudio.org. You may either submit the information as a document attached to an email, or in the body of the email itself. No need to re-type the questions, simply number your responses. We're not picky about format, we just want to get to know you!

Name: _____

Date of Birth:_____

Mailing Address:_____

Phone:_____

Email address:_____

Program You're Applying For _____

Current profession lifestyle:_____

How did you learn about the Shanti Yoga Teacher Training program?

_____

I am aware of the School Refund Policy. (please sign) _____

1. Write a brief but complete description of your Yoga experience, including the style(s) that you have practiced in the past, with whom you have studied and when. Are you currently attending Yoga classes? If yes, tell where, with whom, how often, etc. Please also include previous yoga teacher training experiences.

2. Are you working with any particular challenges, injuries, etc? If so, what are they and how are you addressing them?

3. What do you want to gain from this program? If you have specific wishes or areas of interest that you would like to explore, please explain.

4. Do you want to teach Yoga? Why or why not?

Tuition not paid in full requires a deposit of $200 and monthly auto-payments deducted from a debit or credit card. You can choose the monthly payment date that works best for you. If you'd prefer to not use a credit or debit card, just let us know. If you feel uncomfortable sending your cc# over email, give Debbi at call.

Debit/Credit card information (include exp & cvc #, zipcode):

_____

Address on card if different than mailing address:

_____

Name on card if different than on application:_____

I agree for the above credit card charged for $200 on _____and monthly on _____ for $_____ for the next ____ months.

_____(signature, date)