

Children's Program Overview

Headquartered in Boise, Idaho, Shanti Yoga School's "Teaching Children" curriculum is covered via an online workbook, weekend workshops and practicum experiences. We strive to honor each individual's needs & strengths with a personalized & flexible structure while at the same time providing the highest quality education so that students can confidently and comfortably move into any teaching situation or attain deeper understanding of yoga for personal transformation.

We are registered at both the 200 & 500 levels as well as the Children's (RCYT) & Prenatal Specialization (RPYT) with Yoga Alliance®, the national education and support system for yoga in the US and internationally. Yoga Alliance® supports the study and teaching of yoga, a system of knowledge that includes disciplines and practices originating in ancient India that integrate the physical, mental and spiritual aspects of human experience. They work in the public interest to ensure that there is a thorough understanding of the benefits of yoga, that the teachers of yoga value its history and traditions, and that the public can be confident of the quality and consistency of instruction. Yoga Alliance® maintains a national Yoga Teachers' Registry to promote teachers with training that meet stringent standards. Teachers registered are authorized to use the initials "RYT® (Registered Yoga Teacher) after their name.

Yoga Alliance also maintains a Registry of Yoga Schools that comply with their standards for yoga teacher training programs. Registered schools are authorized to use the initials RYS® (Registered Yoga School) after their names, and receive certificates of registration as well as registry marks. All graduates of an RYS are eligible to register as RYTs. The Registries are promoted to the general public, organizations that employ yoga teachers and organizations that review yoga teachers' credentials.

Shanti Yoga School Information & Application

Tuition for the Children’s Specialization is \$550 which includes unlimited access to Shanti Yoga online classes, classes taught by Shanti Yoga School instructors & workshops taught by Shanti Yoga School instructors. **If you are interested in only online which does include live stream and access to other portions of the full platform, tuition is \$350.** The same deposit is required and payments can be set up to cover the remaining balance over a time frame that works for you”

School Refund policy: all payments are non-refundable.

To begin the program, complete and submit the application form. We request that you send a \$100 deposit which will secure a space for you. You can pay the balance at any time or you can set up an automatic credit card payment by completing information found at the end of this application. Payment in full receives a 10% discount.

Name:

Date of Birth:

Mailing Address:

Phone:

Email address:

Current profession or lifestyle:

How did you learn about the Shanti Yoga Teacher Training program?

1. Write a brief but complete description of your Yoga experience, including the style(s) that you have practiced in the past, with whom you have studied and when. Are you currently attending Yoga classes? If yes, tell where, with whom, how often, etc. Please also include previous yoga teacher training experiences.
2. Are you working with any particular challenges, injuries, etc? If so, what are they and how are you addressing them?
3. What do you want to gain from this program? If you have specific wishes or areas of interest that you would like to explore, please explain.
4. Do you want to teach Yoga? Why or why not?

Credit card information:

Card

no. _____ Expiration _____ CVC _____

Address on card if different than above: _____

I agree to have the above credit card charged monthly for _____ for the next ____ months
_____ (signature, date)