

Shanti Yoga School Information & Application



Headquartered in Idaho, with a typical duration of five to twelve months, Shanti Yoga School's curriculum is covered in a workbook, weekly classes & weekend workshops. We strive to honor each individual's needs & strengths with a personalized & flexible structure while at the same time providing the highest quality education so that students can confidently and comfortably move into any teaching situation or attain deeper understanding of yoga for personal transformation.

We are guided by and registered with Yoga Alliance®, the national education and support system for yoga in the US and internationally, at both the 200 & 500 levels, as well as the Children's Specialization (RCYT) & Prenatal Specialization (RPYT). Yoga Alliance® supports the study and teaching of yoga, a system of knowledge that includes disciplines and practices originating in ancient India that integrate the physical, mental and spiritual aspects of human experience. They work in the public interest to ensure that there is a thorough understanding of the benefits of yoga, that the teachers of yoga value its history and traditions, and that the public can be confident of the quality and consistency of instruction. Yoga Alliance® maintains a national Yoga Teachers' Registry to promote teachers with training that meet stringent standards. Teachers registered are authorized to use the initials "RYT® (Registered Yoga Teacher) after their name.

Yoga Alliance also maintains a Registry of Yoga Schools that comply with their standards for yoga teacher training programs. Registered schools are authorized to use the initials RYS® (Registered Yoga School) after their names, and receive certificates of registration as well as registry marks. All graduates of an RYS are eligible to register as RYT's. The Registries are promoted to the general public, organizations that employ yoga teachers and organizations that review yoga teachers' credentials.

To begin the program, complete and submit the application form. We request that you send a \$500 deposit which will secure a space for you. You can pay the balance in full at the beginning of the program, or you can set up an automatic credit card payment by completing information found at the end of this application. Tuition for the 200 hour program is \$2225. Tuition for the 300 hour program is \$3000 if you are a graduate of Shanti's 200 hour program. If you're a graduate of another 200 hour Yoga Alliance registered program, our 300 hour tuition is \$3500.

Your payment includes tuition, unlimited access to Shanti Yoga classes, weekend intensives taught by Shanti Yoga School instructors, the Shanti Yoga School Manual, the required textbooks, and other benefits. Workshops taught by instructors other than Shanti Yoga School instructors are available to you at 30% off. Spa del Sol & Shanti Yoga Studio spa services and retail are available to you at 10% off. We expect 200 hour coursework to be completed within one year, 500 hour requirements within 18 months. A one year extension can be added for \$800. Re-initiation fee for sabbaticals is \$800. Graduates in good standing continue to enjoy other benefits including discounts on workshops and classes.

School Refund policy: all payments are non-refundable and non-transferable.

Price policy: All prices are subject to change. Your tuition will not increase for one year (18 months for 300 hour students) once you have started payments, but extension and re-initiation fees may rise during that time.

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(Ways to submit: You can print and mail this application to Shanti Yoga, 100 N. 3rd St., McCall, ID 83638. If you prefer electronic methods, please feel free to submit your application by providing all of the following information (and answering the following questions) via email to info@shantiyogastudio.org. If you choose email, you may either submit the information as a document attached to an email, or in the body of the email itself. No need to re-type the questions, simply number your responses. We're not picky about format, we just want to get to know you!)

Name: _____

Date of Birth: _____

Mailing Address: _____

Phone: _____

Email address: _____

Program You're Applying For (200/300/500): _____

Current profession or lifestyle: _____

How did you learn about the Shanti Yoga Teacher Training program? _____

1. Write a brief but complete description of your Yoga experience, including the style(s) that you have practiced in the past, with whom you have studied and when. Are you currently attending Yoga classes? If yes, tell where, with whom, how often, etc. Please also include previous yoga teacher training experiences.
2. Are you working with any particular challenges, injuries, etc? If so, what are they and how are you addressing them?
3. What do you want to gain from this program? If you have specific wishes or areas of interest that you would like to explore, please explain.
4. Do you want to teach Yoga? Why or why not?

Tuition not paid in full requires a deposit of \$500 and monthly auto-payment deducted from a debit or credit card. The minimum monthly payment amount is \$160. You can choose the monthly payment amount as well as payment date that works best for you.

Debit/Credit card information:

Card no. _____ Expiration _____

Address on card if different than mailing address: _____

Name on card if different than name on application: _____

I agree to have the above credit card charged for \$500 on _____ and monthly on the _____ for \$ _____ for the next _____ months.

(signature, date)